

Completing the Cycle

Women's health beyond fertility to menopause

2 day Seminar

1st & 2nd November 2008

Sydney

Soma Glick

DOM (NM) USA; L.A.C., Cert. CL.Hom (USA)

menstrual cycle
pregnancy & labour
post partum disorders
perimenopause
menopause

acupuncture
chinese herbs
oriental medicine



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Art of Health presents
Completing the Cycle

This comprehensive 2-day seminar will present a deeper understanding of a woman's hormonal cycle from the Oriental medicine perspective.

You will learn to diagnose and treat the various pathological factors affecting women from the menses through to the menopause. This seminar will cover these crucial aspects of women's health and also explore possible additional complications.

Topics covered include:

- *Physiology of the entire menstrual cycle*
- *The basic syndromes of endometriosis*
- *Extraordinary vessels in menstruation & pregnancy*
- *Pathological factors in menstruation & pregnancy*
- *How acupuncture can be a powerful tool during pregnancy and labour*
- *The management of immediate postnatal care*
- *Long term disorders originating from untreated postpartum conditions*
- *In-depth focus on perimenopausal disharmonies*
- *Menopausal disharmonies and specific complications of fibroids, osteoporosis and uterine bleeding*

Facilitator – Soma Glick

This essential seminar will be facilitated by international guest Soma Glick DOM (NM) USA, a licensed acupuncturist and Doctor of Oriental Medicine from the USA with a diplomate in acupuncture and herbology from the NCCAOM and certification in classical homeopathy. As a professor at the Southwest Acupuncture College in Boulder, Colorado from 1998 to 2005 Soma developed and taught the Paediatric class and taught many core curriculum classes.

Since 2003 Soma has taught weekend workshops on Oriental medicine around the world. Most recently Soma was invited to speak on healing and spirituality in India and Singapore. Soma has relocated to the island of Bali, where she has a busy private practice, and she donates one day a week, treating up to 30 Balinese children, at a free local clinic. She has also been published in the 'Journal of Chinese Medicine' and in 'Acupuncture Today'.

Completing the Cycle is appropriate for practitioners of any modality and interested people with basic knowledge or interest in Oriental medicine therapeutics.

For online registration, pricing and location information

www.artofhealth.com.au/masterclasses.html